

Foods We Test

176 Foods, Colorings, Additives & Gut Barrier Panel

132 Foods, Colorings, Additives & Gut Barrier Panel

22 Foods, Colorings & Additives

DAIRY/EGG	FISH	GRAINS	VEGETABLES	FRUITS	NUTS/SEEDS	SPICES/ MISCELLANEOUS			
Casein	Salmon	Gliadin	Corn	Banana	Almond	Turmeric Yeast, Brewer's			
Cow's Milk		Wheat, Gluten	Potato, White	Pineapple	Peanut				
Egg White		Wheat, Whole	Tomato						
Egg Yolk									
MEATS	SEAFOOD	BEANS							
Beef	Shrimp	Coffee							
Chicken		Soy Bean							
Goat's Milk	Codfish	Barley	Artichoke	Pea, Chick	Apple	Pineapple	Cashew	Agave	Pepper, Black
Whey	Flounder	Millet	Asparagus	Pea, Green	Avocado	Plum	Coconut	Aspartame	Pepper, Chili
Bacon	Halibut	Oat	Beets	Pepper, Green	Blueberry	Pomegranate	Dill Seed	Basil	Peppermint
Duck	Sea Bass	Quinoa	Broccoli	Potato, Sweet	Cantaloupe	Raspberry	English Walnut	Benzoic Acid	Polysorbate 80
Lamb	Snapper	Rice	Butternut Squash	Pumpkin	Cherry	Strawberry	Flax Seed	BHA	Red #3
Pork	Swordfish	Rye	Cabbage	Spinach	Cranberry	Watermelon	Hazelnut	Canola Oil	Red #40
Turkey	Trout		Carob	Zucchini	Grape, White		Pecan	Cinnamon	Rosemary
	Tuna		Carrot		Grapefruit		Sesame Seed	Garlic	Saccharin
			Cauliflower		Honeydew Melon		Sunflower Seed	Ginger	Spirulina
			Celery		Lemon			Hops	Sugarcane
	Clam	Cocoa	Collard Greens		Lime			MSG	Tea, Black
	Crab	Kidney Bean	Cucumber		Olive, Green			Mushroom	Vanilla
	Lobster	Lentils	Lettuce		Orange			Mustard	Wine, Red
	Scallops	Navy Bean	Onion, White		Peach			Oregano	Yeast, Baker's
		Pinto Bean			Pear			Paprika	Yellow #6
Sheep's Milk	Anchovy	Amaranth	Arugula		Acai Berry		Brazil Nut	Cilantro	Parsley
	Mackerel	Buckwheat	Brussel Sprouts		Apricot		Chia Seed	Cloves	Stevia
Venison	Sardine	Sorghum	Eggplant		Fig		Hemp Seed	Coconut Oil	Tapioca
	Oyster	Spelt	Kale		Goji Berry		Macadamia Nut	Cumin	Vinegar
	Squid		Summer Squash		Kiwi		Pine Nut	Hemp Protein (CBD)	
		Black Bean			Mango		Pistachio	Honey	
		Green Bean			Monk Fruit			Maple Syrup	
					Papaya				

Gut Barrier Panel

Candida, Zonulin, Occludin, LPS (Lipopolysaccharides)

Gut Barrier Panel is included on all FIT Tests
The Gut Barrier Panel is also a standalone test